



(中学校)

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【家庭配布用】

Main table containing meal schedules, ingredients, and nutritional values for each day from 8/26 to 9/30. Includes columns for date, day, meal name, ingredients, and energy/protein/fat/salt content.

都合により、献立が変更になる場合があります。ご了承ください。

Informational section with multiple boxes: 'はしを上手に使う日' (Using chopsticks skillfully), '食育の日献立' (Nutrition Day menu), '今月の地場産品' (Local products of the month), and '8・9月の給食目標' (School lunch goals for August and September).